

MEDIA REVIEWS

THE ART OF ABUNDANCE

TEN RULES FOR A PROSPEROUS LIFE

Dr. Dennis Merritt Jones | Tarcher Perigee | \$16

For more than 30 years, Dennis Merritt Jones has been a leader in the human potential movement and the field of spirituality.

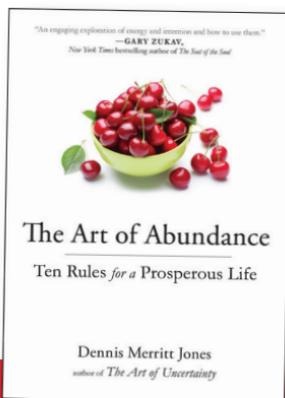
His rich experiences as a teacher, mentor and speaker helped create this powerful little book, "The Art of Abundance," the latest in a popular series that includes "The Art of Uncertainty" and "The Art of Being." This latest release gives readers 10 abundance rules to set the foundation for creating a life of love and purpose.

As Gary Zukav describes it, the book is "an engaging exploration of energy and intention and how to use them."

Be one with life. Be aware that you live in an expanding universe. Be accountable for your consciousness. Be focused. Be in the flow. Be passionate. Be blessed. Be of service. Be courageous. Be a catalyst for good. Each tenet becomes simple to apply to daily life through Jones' through exploration of the five P's: the premise, the problem, the principle, the practice and the payoff.

Coming from a simplified angle, Jones offers a road map to draw us away from our known comfort zones to truly see new perspectives of prosperity. His theme in the book is one of constant encouragement: We *can* create a greater flow of natural goodness in our lives and make that our new way of being in the world. With transformational personal exercises (like "Power Points to Personalize"), uplifting insights from teachers like Ernest Holmes and real-world examples, Jones helps us mindfully align with the law of expansion to realize our best lives yet. ☸

Jones' new book will be released on July 31, 2018. You can find it and free discussion guides online at DennisMerrittJones.com.



The prolific author and wisdom teacher takes a look at the things we all truly want — freedom, inner peace and a life filled with purpose and meaning.